



**Alexander JFS | A Time for Play
Play Therapy Training Series Description**

I. Series Description:

The Alexander JFS: A Time for Play, Play Therapy Training Series is a curriculum of interactive and introductory level Play Therapy specific continuing education events. This series of trainings will teach practitioners foundational theories of Play Therapy and specific skills and interventions for effective and transformative Play Therapy.



**APT Approved Provider
19-582**

Series participants are eligible to earn **150 hours of Play Therapy Instruction** in the primary areas of focus that are required to obtain the Registered Play Therapist (RPT) credential.

The series is comprised of **20 face-to-face contact-hour Continuing Education events and 6 non-contact homework assignments** from **Fall 2024 to Spring 2025**.

This series is designed to meet the Play Therapy instruction requirements for Play Therapy credentialing through the Association of Play Therapy. Prior knowledge of Play Therapy is helpful but not necessary. These events are intended for licensed mental health professionals and hours apply towards maintenance of mental health license.

Required Primary Areas of Focus of Play Therapy Instruction	Minimum Number of Hours Required by APT for RPT Credential	Number of Hours in A Time for Play Training Series broken down by Primary Area of Focus
Play Therapy History	5	5
Play Therapy Seminal Theories	55	56
Play Therapy Skills & Methods	50	58
Play Therapy Special Topics	25	25
Play Therapy Culture & Diversity	6	6
Applicant's Choice / Other	9	0
Total	150	150

The series is taught primarily by **Steven L. Parks, LCSW-S, RPT-S, MBA**
APT Approved Provider 19-582

Most Season 6 Training are on a **Friday** and **begins at 9:00 AM and ends at 4:00 PM**.
 Most trainings will be at: United Way of Greater Houston
 50 Waugh Dr
 Houston, TX 77007

Season 6 trainings are scheduled to be **face-to-face in-person** events. Participants must attend the trainings in-person for the entire training to receive credit. Continuing Education hours (CEs) are provided for LPCs, LMFTs, and Social Workers.

**There will be a 60-minute break for lunch and lunch will NOT be provided.*

II. Learning Objectives:

Upon completion of this series, students will be able to identify and apply the knowledge, skills, and abilities necessary for the successful administration of Play Therapy as demonstrated throughout the series through practice activities, large group discussion, and completion of post-test exams. Participants will gain an understanding of the therapeutic powers of play and how to access them with clients using skills and interventions derived from evidenced based theories of Play Therapy. Participants will specifically be able to:

1. Describe the major principals of utilizing Play Therapy as a treatment intervention
2. Recite the significant history and development of Play Therapy
3. Explain the therapeutic value and powers of play in each theory of Play Therapy
4. Use basic Play Therapy skills, methods and interventions
5. Use Play Therapy specific documentation of clinical services
6. Assess clients through different Play Therapy specific theoretical lenses
7. Identify ethical dilemmas that may arise in the practice of Play Therapy and identify strategies for navigating such ethical dilemmas



ACEP # 7296

III. Cost of Course

<u>Options</u>	<u>Contact CEs</u>	<u>Non-Contact CEs</u>	<u>Total CEs</u>	<u>Total Cost</u>
Purchase Season Pass *	120 Hours	30	150	\$3,200
OR				
Purchase by Training (\$180 per training)	120 Hours	<i>ineligible</i>	120	\$3,600

Purchasing a **Season Pass grants participants guaranteed admission to all 20, six-hour contact training sessions AND eligibility to complete up to 6 homework assignments over the course of the series to earn an additional 30 hours of non-contact continuing education hours. Those that purchase the **Season Pass** will also receive a binder of all course content and become eligible for up to 2 make-up passes in case of an excused absence.*

Season Passes are on sale Now!

<https://www.eventbrite.com/e/780891797387/>

IV. Course Schedule

Contact (Face-to-Face) Play Therapy CE Trainings

	Date / Time FRIDAY	Topic	Continuing Education Credit Hours
1	August 9, 2024 9:00 am - 4:00 pm	The History of Play Therapy & the Therapeutic Powers of Play	6 Play Therapy Contact Hours
2	August 23, 2024 9:00 am - 4:00 pm	<u>Basic</u> Skills of Child Centered Play Therapy (Part 1 of 3)	6 Play Therapy Contact Hours
3	September 6, 2024 9:00 am - 4:00 pm	<u>Advanced</u> Skills of Child Centered Play Therapy (Part 2 of 3)	6 Play Therapy Contact Hours
4	September 20, 2024 9:00 am - 4:00 pm	Play Therapy Practice & Documentation (Part 3 of 3)	6 Play Therapy Contact Hours
5	October 9, 2024 9:00 am - 4:00 pm	Adlerian Play Therapy Theory and Skills	6 Play Therapy Contact Hours
6	October 23, 2024 9:00 am - 4:00 pm	Jungian Play Therapy (JAPT) & SANDTRAY!	6 Play Therapy Contact Hours
7	November 8, 2024 9:00 am - 4:00 pm	Gestalt Play Therapy Theory & Skills	6 Play Therapy Contact Hours
8	November 22, 2024 9:00 am - 4:00 pm	Polyvagal Theory and Play therapy w/ Karen	6 Play Therapy Contact Hours
9	December 6, 2024 9:00 am - 4:00 pm	Ethical Play Therapy & Case Conceptualization	6 Play Therapy Contact Hours
10	December 20, 2024 9:00 am - 4:00 pm	Bereavement Play Therapy	6 Play Therapy Contact Hours
Holiday Break!			
11	January 10, 2025 9:00 am - 4:00 pm	Cognitive Behavioral Play Therapy - Behavioral Interventions (Part 1 of 2)	6 Play Therapy Contact Hours
12	January 24, 2025 9:00 am - 4:00 pm	Cognitive Behavioral Play Therapy - Cognitive Interventions (Part 1 of 2)	6 Play Therapy Contact Hours
13	February 7, 2025 9:00 am - 4:00 pm	Filial and Family Play Therapy	6 Play Therapy Contact Hours

14	February 21, 2025 9:00 am - 4:00 pm	Ecosystemic Play Therapy	6 Play Therapy Contact Hours
15	March 7, 2025 9:00 am - 4:00 pm	Developmental Play Therapy	6 Play Therapy Contact Hours
16	March 21, 2025 9:00 am - 4:00 pm	Group Play Therapy	6 Play Therapy Contact Hours
17	April 4, 2025 9:00 am - 4:00 pm	EMDR, Trauma, & Play Therapy	6 Play Therapy Contact Hours
18	April 18, 2025 9:00 am - 4:00 pm	Multicultural Play Therapy	6 Play Therapy Contact Hours
19	May 2, 2025 9:00 am - 4:00 pm	Child Psychopharmacology for Play Therapists	6 Play Therapy Contact Hours
20	May 16, 2025 9:00 am - 4:00 pm	Integrative Practice of Play Therapy	6 Play Therapy Contact Hours
Total Play Therapy Instruction Contact Hours:			120 Hours

Non-Contact Homework Assignments for Play Therapy CE Credit

Only participants that purchase a **Season Pass** will be eligible to complete the following 6 homework assignments and submit them by the due date to receive Continuing Education Credit Hours. Late assignments will not be accepted and participants that fail to submit assignments before the due date forfeit these credit hours.

	Assignment	Due Date	Continuing Education Credit Hours
1	Book Review	September 30, 2023	5 Hours
2	Practice Video 1	October 31, 2023	5 Hours
3	Article Review	January 1, 2024	5 Hours
4	Practice Video 2	February 28, 2024	5 Hours
5	Ethics Paper	March 31, 2024	5 Hours
6	Practice Video 3	April 30, 2024	5 Hours
Total Play Therapy Instruction Non-Contact Hours:			30 Hours

Total Series Credit Hours

Total Play Therapy Instruction Contact Hours	120 Hours
Total Play Therapy Instruction Non-Contact Hours	30 Hours
Total Play Therapy Instruction Credit Hours	150 Hours

**150 Hours of Play Therapy Instruction is minimum required to attain the RPT Credential*

V. Terms and Conditions

- a. **Season Passes must be purchased in full by August 8, 2024**
- b. **Participants that purchase a Season Pass must attend all trainings in-person**
- c. Only participants that purchase a **Season Pass** will be eligible to complete the homework assignments and submit them by the due date to receive Continuing Education Credit Hours. Homework Assignments must be completed by due date to receive these credit hours and no late assignments will be accepted. Participants that fail to submit assignments on or before the due date forfeit the opportunity to earn these credit hours.
- d. Participants that purchase a **Season Pass** are eligible for up to two make-up passes in the event of a class absence. Each make-up pass will enable the participant to join a future training of the same or a similar topic. Make-up passes are available only to participants that have purchased the **Season Pass**.
- e. Alexander JFS reserves the right to cancel any of these training in the event of unforeseen circumstances. If such a cancellation occurs, Alexander JFS will attempt to notify registrants and offer an alternative training opportunity or refund all registration fees.
- f. Registration refunds must be requested at least 48 hours prior to the class date and only 75% of the purchase price will be refunded.
- g. Registration refunds will NOT be made to parties who register but do not attend.
- h. Participants requiring accommodations must submit a medical professional's note specifying the required accommodations to PlayTherapyTraining@alexanderjfs.org a minimum of 7 days prior to any training for which they have registered

VI. Registration

Interested participants must register through the A Time for Play Eventbrite:

<https://www.eventbrite.com/o/a-time-for-play-play-therapy-training-series-26769662039>

Contact PlayTherapyTraining@alexanderjfs.org with any questions, comments, and concerns about this training.

VII. Credentialing Process

For questions regarding the credentialing process please refer to the Association for Play Therapy Credentialing Standards for the Registered Play Therapist here: [Association for Play Therapy Credentialing Standards for RPT - Effective March 22, 2022](#)

Please check the Association for Play Therapy's website frequently for updates to the credentialing requirements and process.

This training program does NOT include Play Therapy Supervision nor Play Therapy Experience hours. Participants will need to obtain these independently from the Continuing Education events offered in this series.

It is the responsibility of the participant to review and follow the instructions and guidelines of Association for Play Therapy to apply for and attain all requirements for Registered Play Therapist credential. Alexander JFS is not responsible for completing the credentialing applications of participants and cannot guarantee that participant's applications will be approved.

Alexander JFS | A Time for Play BIPOC Scholarship Addendum

Alexander JFS & A Time for Play are proud to offer a scholarship to attend all Season 6 trainings of the Alexander JFS | A Time for Play: Play Therapy Training Series. This scholarship grants the recipient free entry into all 20 trainings and allows the recipient to complete homework assignments to earn a full 150 hours of Play Therapy specific education.



Alexander JFS recognizes that historic inequities and systemic bias have limited the opportunities for BIPOC persons to attain the Registered Play Therapist credential. The primary aim of this scholarship is to diversify the Play Therapy profession and expand the benefits of Play Therapy to BIPOC clients and families. Scholarship applicants should demonstrate how they serve vulnerable populations or aim to support the BIPOC community.

Scholarship Requirements

Recipient must:

- Be a licensed mental health professional in good standing
- Agree to attend all Play Therapy trainings in-person
- Agree to complete all homework assignments
- Agree to complete the Impact Research pre-test and post-test
- Submit a copy of their resume for review
- Submit a one-page letter of interest specifying how the applicant will use Play Therapy specifically to treat BIPOC populations

All scholarship materials must be submitted via email to PlayTherapyTraining@alexanderjfs.org by **May 31, 2024.**

Alexander JFS | A Time for Play Non-Profit Discount Agreement

Alexander JFS and A Time for Play are proud to offer a **10% discount to local non-profit organizations** that sponsor one or more employees to receive a Season Pass to the A Time for Play | Play Therapy Instruction Series.

In order to receive this discount, non-profits must submit the following documentation:

- Copy of 501(c)(3) documentation
- Signed memoranda of understanding (see below)

Additionally, sponsored employees meet the following criteria:

- Be a licensed mental health professional in good standing
- Agree to attend all 20 Play Therapy trainings in-person
- Agree to complete all 6 homework assignments
- Agree to complete the Impact Research pre-test, mid-test, and post-test

Memorandum of Understanding

This discount is only eligible to non-profit organizations that submit documentation verifying their status and agree to the terms of the program. The organization must purchase the discounted Season Pass in full prior to August 1, 2024.

Sponsoring organizations understand that employees will be expected to attend all 20 six-hour trainings scheduled on Fridays from August to May. Continuing Education credit will only be given to participants that attend the training in full, complete the training evaluation, and pass the post-test with a minimum score of 80%

Season Passes are not transferrable to other employees and are non-refundable should the employee withdraw from the program. Alexander JFS and A Time for Play are not responsible for employees that fail to attend trainings or complete assignments by the due date.

Contact PlayTherapyTraining@alexanderjfs.org to request a Non-Profit Discount Agreement by **August 1, 2024.**